

Spinning Babies Workshop Perth With Ginny Phang

Are you a doula, midwife, childbirth educator, body worker or other health care professional that would like to learn more practical and evidence based tools and techniques to teach or prepare women during their pregnancy for an easier labour and birth?

In this Spinning Babies workshop, you will learn how the fascia, ligaments, and pelvis work together to bring baby into an ideal position. The Three Principles of Balance, Gravity, and Movement will help you understand the role each part of a woman's anatomy plays in birth and delivery. Specific methods will be provided for changing posterior position and reducing breech and transverse lie, thereby reducing the need for a caesarean delivery.

Date: Saturday, 16th June 2018.

Time: Registration is from 8:00am and the workshop will start at 8:30am **SHARP** and conclude approximately 5pm – allow up to 5:30pm.

Venue: Wollaston Conference Centre,
5 Wollaston Road, Mt Claremont
(Please ensure you check where to go prior to the workshop and arrive on time to avoid disrupting the group once we have started).

Parking: There is plenty of free parking at this venue.

Price: The price includes tea / coffee on arrival, morning tea, buffet lunch, afternoon tea and continuous tea / coffee throughout the day.

EARLY BIRD PRICE of \$335 until 31st March 2018

GENERAL PRICE of \$375 from 1st April 2018

Your investment in this workshop also includes pre-workshop reading material, post workshop summary notes with links to resources, ongoing support with Ginny through her private Facebook community and inclusion in Gail Tully's private worldwide Facebook group so you can continue learning, asking questions and supporting each other.

To ensure there is enough room to practice the techniques on the day, we are strictly limited to **30 people**; therefore, full payment is required to confirm your attendance.

Course outline here: <http://www.fourtrimesters.com/spinning-babies-workshop/>

The trainer Ginny Phang is from Singapore and has been a Spinning Babies approved trainer since 2015. More about Ginny here:

<http://www.fourtrimesters.com/our-team/doula-ginny-phang/>

If you have any questions please contact the workshop coordinator **Vicki Hobbs** on **(08) 9303 9111** or email Vicki@vickihobbs.com

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To avoid additional fees, please make your payment by direct debit to the account shown below and email this form to Vicki@vickihobbs.com for registration. You will receive confirmation of your registration in addition to your pre-workshop reading material once payment has been confirmed.

You also need to provide your Facebook email (this is the email that you log into Facebook with if you have an account). This will enable you to be added to Ginny's private Spinning Babies Facebook community for ongoing support and discussions) after the workshop.

If you have a business, please provide your business details so that you can be listed on my website for pregnant women hoping to find a trained Spinning Babies practitioner.

**** PLEASE NOTE: This is a non-refundable and non-transferable event. Once you have registered if you cannot make it, you are welcome to find someone to take your place. We will do our best to try and assist you, however there are no guarantees. ****

Please make payment to the following account:

DIRECT DEBIT: **BSB 306114 ACCOUNT 0297545**
ACCOUNT NAME: WELL WOMAN SANCTUARY
DESCRIPTION / DETAILS – PUT YOUR NAME

Your details:

Your Name (for certificate)	
Mobile Phone	
Your email address	
Facebook email address	
Business Name	
Business email address	
Business Address	
Business phone	
Emergency Contact Name	
Emergency Contact Number	
Relationship to you	
Payment Details	
Special Dietary Requirements	
Signature	